



# The Yammer

September 2022

We took a Newsletter hiatus for the Summer as we are still working through plans to bring you all some new services/treatments and the return of some old ones. It's taking much longer than we anticipated, so please bear with us and stay tuned.

The Summer seemed to take forever to show up but it sure has been beautiful. Hopefully we will still have a month or two of this before the darker, cooler days of Autumn return.

Hard to believe that the kids are all heading back to school already - remember those school zones!

Couple of things to note:

1. We will be closed for **Labour Day (Sept. 5)** and for **The National Day for Truth and Reconciliation (Sept. 30)**.



2. We will be **closing at 3:30pm on Monday September 19, 2022.**

3. **Dr. Katia De Marco, ND., will be away from September 1 to September 14;** she will be available for *virtual or phone appointments ONLY on Sept. 5, 6, and 7.*

As we are heading into the cold/flu season, we hope that there will not be a resurgence of mask requirements. We do have Immune Boosting Injections (\$25) to help decrease your chances of developing any symptoms. If you are experiencing any cold/flu symptoms, please do not come into the clinic; we can arrange phone/virtual appointments and mail out supplements.

Happy month of Autumn and back to school.  
Stay safe everyone.

## September Specials

### 10% off

As kids are heading back to school, we thought we'd focus on those supplements to boost up their immune systems.

#### TESTS:

**Food Sensitivity Test:**

**\$90** (reg. \$100)

**Environmental Sensitivity Test:**

**\$72** (reg. \$80)

**Children's Chewables: \$33.30 + GST** (reg. \$37)

**HMF Child: \$37.80 + GST** (reg. \$42)

**HMF Fit for School: \$40.50 + GST** (reg. \$45)

#### Introducing:

**Children's Omega - 3: \$31.50 + GST** (reg. \$35)

**Children's Vit D3: \$16.20 + GST** (reg. \$18)

*"The morning had dawned clear and cold, with a crispness that hinted at the end of Summer."*

~ George R.R. Martin

# Did you know...

## 🌸 We offer Homeopathic Immune-Boosting Injections?

\$25/injection to boost your immune system for the cold/flu season ahead. Children can receive an oral dose.

## 🌸 We also offer Laser Acupuncture (no needles)?

In addition to traditional needle acupuncture, Dr. Chris Yam offers this alternative, which is the same treatment working on all the same meridian points; just using a less invasive measure.

## 🌸 We have a Naturopathic Walk-In Clinic on Fridays?

From 9am to 3pm, Dr. Katia De Marco has a shorter Walk-In appointment option for any acute symptoms.

You can book online, give us a call, or walk-in (may be a wait).

And we can direct bill to Extended Health plans.

## 🌸 We offer advanced (out-of-office) testing ?

In addition to our in-office testing and regular lab work from Lifelabs, Dr. De Marco has access to advanced testing (DUTCH hormone test, Comprehensive Stool Analysis, SIBO Breath test, etc.) to get more details about your health.

## 🌸 We offer IV Therapy and IM injections (Vit. D, B12, B complex)?

Both Dr. Yam and Dr. De Marco perform IM injections.

Dr. De Marco performs the IV therapy, which provides the vitamins, minerals and amino acids directly to the bloodstream, bypassing digestion.

## 🌸 We offer Thermography (Digital Infra-red Thermal Imaging)?

We offer Breast, partial (specific areas), and whole body thermography as an early detection of temperature variations and vascular changes that usually occur in inflamed tissue.

*It is meant as an early, yet complementary technique to mammograms and other diagnostic testing; this **does NOT** replace them.*

## 🌸 We can direct bill to most Extended Health Companies?

It's true; you just pay the difference of what they do not cover. We say 'most' because there are some companies that do not allow us to.

## 🌸 You can book appointments online?

Either through our website ([www.doctoryam.com](http://www.doctoryam.com); click on 'book appointment') **or** via Jane ([www.evergreenwellness.janeapp.com](http://www.evergreenwellness.janeapp.com))

## 🌸 All of our 'updated news' can always be found our website homepage and Facebook?

At [www.doctoryam.com](http://www.doctoryam.com) and [www.facebook.com/DrChristopherYamandDrKatiaDeMarco](http://www.facebook.com/DrChristopherYamandDrKatiaDeMarco), you will find last minute closures/holidays, introductions of new/returning services and treatments, updates on Covid restrictions, updates on any issues with supplement companies, and any other pertinent information.