

# Out-of-Office Tests

By Dr. Katia De Marco, ND

## 1. Dried Urine Hormone Testing (DUTCH)

Useful for understanding conditions of hormone imbalance, including: PMS, endometriosis, heavy periods, cortisol and stress imbalance, anxiety, depression, fertility, and menopause.

This type of testing is also used for Bio-Identical Hormone Replacement Therapy (BHRT).

## 2. Comprehensive Stool Analysis (bacteria and parasites)

A comprehensive look at the presence of dysbiosis (bacterial imbalance) or disease-causing bacteria and parasites responsible for symptoms such as chronic diarrhea, abdominal pain, joint pain, skin health, inflammation and more.

## 3. SIBO Breath Test

Assessing for Small Intestinal Bacterial Overgrowth - an overgrowth of bacteria in the small intestine that leads to chronic bloating, diarrhea, abdominal pain, indigestion, constipation, among others.

## 4. Organic Acids Test

This test provides an accurate look at your metabolism and how it is functioning, including ability to digest foods properly.

It also provides information on nutrient deficiencies, anti-oxidant capabilities, candida and other fungal overgrowths, and neurotransmitter deficiencies among others.

## 5. IgG Blood Test for Food Sensitivities

Discovering your food sensitivities can help relieve migraines, eczema, psoriasis, brain fog, leaky gut and more.

\* Dr. De Marco also has the ability to order testing from Lifelabs.

\*\* More to come...stay tuned.