



The Yammer

March 2024

Happy month of Spring ☀️ Mother Nature gave us our dose of snow (made Violet happy); now we can move on to Spring weather - lion or lamb, who knows, but we are ready for warmer weather :)
Do not forget about the time change on Sunday March 9th.; time to 'spring forward' by 1 hour.

Just a few key things to note this month:

1. Remember to check our website, www.doctoryam.com, for ALL updates, and last minute changes, for our clinic.
2. Spring means allergies for a lot of people and we have many options for helping to support your immune system during the Spring season. Book an appointment with either one of our Doctors for a treatment plan that will suit you best.
3. Unfortunately, we have to increase prices again on some services and supplements (see details below and on page 2).

We hope everyone has a happy and healthy start to Spring ☺️☀️

*"Spring is far more than just a changing of seasons;
it's a rebirth of the spirit."*

~Toni Sorenson

Supplement Price Increase (Effective immediately):



A couple of our suppliers have increased their prices, in January and February, due to the high-demand/high-cost of materials and production.

While we wish that we did not have to, we, unfortunately, need to follow suit to keep up with the costs.

We are trying our best to keep it as minimal as possible; it just depends on the company and the product.

UPDATE ON SUPPLEMENTS/ORDERS

*** Pre-Ordering is now mandatory ***

Due to a couple of key external factors, it is taking far too long (been over 2 months, currently) for us to be able to get all our supplements back in stock on a consistent basis:

1. Our bookkeeper is not providing us with enough funds for us to catch up on the backlog of orders that we already have; and
2. Many of our suppliers are experiencing production and material issues.

Therefore, for the time being, **pre-ordering of your supplements is now required**; and they need to be placed well in advance (min. 2 weeks).

If we do not have what you need in stock, it may be replaced with another if we have a comparable supplement.

We apologize for the change; please be assured that we have been tirelessly trying to get your supplements in and are doing our best to rectify the external factors.

CHANGES REGARDING OUR PRACTITIONERS

(Effective Immediately)

Dr. Christopher Yam, D. TCM, Service Fee Changes:

Dr. Christopher Yam, D. TCM, is adjusting the structure of his consultations (including fees) and increasing all Acupuncture fees as follows:

Consultations Only

(in-person/phone/virtual)

(NO testing done during this appointment)

Initial = \$120.00
Follow-Up = \$100.00

5-15 min. Phone call = \$40.00

* Any other call length is the same cost as follow-up consult.

Consultations & Testing:

(consult AND test(s) done during this appointment; the cost for the testing is an additional charge and is based on the test):

Initial = \$100.00
Follow-up = \$80.00

Results:

(to go over test results only)

In-person, phone, or virtual = \$60.00
Email = \$30.00

* Emailed results will be pre-paid @ your testing appointment and they will be sent out when Dr. Yam has them ready (he tries his best to have them done within 2 weeks).

Acupuncture

Initial Needle Session = \$110.00
Follow-up Needle Session = \$95.00

Initial Laser Session = \$100.00
Follow-up Laser Session = \$80.00

Facial Acupuncture = \$80.00

* We would also like to remind everyone that Dr. Christopher Yam is a Doctor of Traditional Chinese Medicine, D.TCM, **not** a Naturopathic Doctor (as his dad, Dr. Peter Yam, ND., was).

Please note that all direct billings to Extended Health plans can only be made under 'Acupuncture,' as that is the only designation Extended Health Companies have for D. TCM Practitioners.

Notice of Payment Changes for Dr. Katia De Marco, ND:

Dr. Katia is now taking payment, personally, for **all tests** that are **done outside of our office** (*i.e. Lifelabs, Dutch, Doctors Data, SIBO, etc.*).

She/we will send you a receipt that you can submit to your Extended Health plan; alternatively, we can submit to your plan on your behalf (you would still pay her first) and they would re-imburse you directly for what they cover.

Payments for **all** of her **in-office visits** (Consults, Acupuncture, and IV Therapies/Injections) are still done **through Evergreen Wellness**; we can direct bill to most Extended Health plans and you would pay for what they do not cover.