

DETOX LIGHT THERAPY

The use of the DLT is based on the thesis that protein interactions are primarily electrical. As chains of amino acids organize, the identity of the protein molecule is determined by protein folding, which is purely electrical based on the attraction of opposing polarities. Protein structure in living, healthy tissue is always in a state of alignment. These alignments break down as cells die, or are damaged, and these waste proteins are removed by the lymph system. When the lymph fluid backs up because of blockage, pressure builds up, and the result is a toxic system due to waste disposal failure, which ultimately prevents the cells from getting necessary nutrients. If enough cells are in this state, degenerative conditions are free to develop or sometimes fail to respond to treatments. Detoxification (clearing of the lymphatic system) by re-establishing free lymphatic circulation (separation of the randomly bonded proteins) is a vital part of the healing process.

The DLT is a valuable tool in lymphatic therapy, as it increases the effectiveness of the manual drainage of the lymph system by many times-dependent on the type and severity of blockage. It uses extremely low-current, cold gas light photons to transfer energy frequency to cells in the targeted lymphatic regions. It achieves its results on an energetic level by rebalancing the charge of the cells' electromagnetic field, which causes the swelling, tumor masses, and other blockages to disperse.

INFRA-RED SAUNA

The sun is the principle source of Infra-red heat; as the rays are absorbed by the body, it creates heat, which ultimately results in healing. Infra-red heat is a form of energy (band of light not visible to the human eye) that heats objects without having to heat the air between the objects. The conventional sauna relies on indirect means of heat (heats air first causing the body to sweat superficially); whereas the Infra-Red sauna is able to penetrate 1 ½ inches below the skin, therefore causing the body to sweat at a temperature of 110-220°F.

The infra-red sauna can help to:

1. Relieve pain and speed up the healing process – widens the blood vessels, which increases blood circulation and allows more oxygen to get to the injured area.
2. Lose weight – body fat becomes water soluble at 110°F, so the body can get rid of fats that can't otherwise be disposed of.
3. Eliminate cholesterol.
4. Eliminate of toxins and heavy metals – sodium, alcohol, nicotine and carcinogenic heavy metals. Eliminative, detoxifying and cleaning capacities of the skin are increased.

This treatment involves sitting (with a towel or robe) in our pre-heated single-person infra-red sauna for 25-30 minutes. During this time, your sweat glands will be stimulated to cleanse the body of any toxic build-up. Once your session is over, you may have a cleansing shower (optional) to rinse off.